

# THE *Game Plan*



# The Healthy Aboriginal Network

Non-profit promotion of health, literacy & wellness

# THE *Game Plan*

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WELLER JACKSON GETS ANOTHER POINT WITH HIS SIGNATURE SHOT!



PASS IT!  
GO! GO!



GO! GO!!  
PASS IT!



1-777-222-4444

SHOOT!  
SHOOOT!!



JAKE!  
KEEP IT DOWN!









BUT MOM, WITH THIS STUFF I'LL MAKE THE SENIOR TEAM FOR SURE THIS YEAR!

THAT CARD WAS FOR EMERGENCIES ONLY.



I'LL PAY IT BACK IN INSTALLMENTS, LIKE YOU DO WITH YOUR CARDS. EVERYTHING WILL BE FINE. I CAN'T SEE ANY EMERGENCY COMING UP, SO MIGHT AS WELL 'PLAY NOW, PAY LATER'! ISN'T THAT WHAT YOU ALWAYS SAY?

YOU NEED TO RETURN THIS STUFF JAKE.



MOM!



I'M WORKING LATE TONIGHT AT THE HOSPITAL. WE'LL RETURN THE EQUIPMENT TOMORROW.

WHY? I BOUGHT IT MYSELF...









IT WAS QUITE A SERIOUS ACCIDENT. SHE IS STILL UNCONSCIOUS. IT WILL BE A SLOW RECOVERY.

SHE'LL NEED TO STAY HERE FOR A WHILE.



WE ARE DOING EVERYTHING WE CAN.

THANK YOU DOCTOR.



THE MAIN THING IS THAT SHE IS RECOVERING.



IT WILL JUST TAKE SOME TIME, BUT SHE'LL BE OKAY.

THANKS FOR GETTING ME ALIA.

THEY BROUGHT THE CAR TO MY SHOP. IT'S A TOTAL RIGHT OFF. YOUR EQUIPMENT AS WELL. YOU'LL HAVE TO WAIT FOR THE INSURANCE CLAIM.



I DON'T CARE ABOUT THE GEAR. I JUST WISH THAT WHEN WE LAST TALKED I...

I KNOW.











MOM, I THOUGHT WITH LEO'S HELP I COULD MANAGE.

















I DID HAVE A PLAN. MAKE THE SENIOR TEAM, GET A LACROSSE SCHOLARSHIP, GO PRO, AND BE RICH. BUT NOW IT'S HOPELESS.



IT'S NOT. YOU'RE JUST BURNED OUT. LOOK, I'LL MAKE YOU A DEAL JAKE. YOU PROMISE NOT TO GIVE UP HOPE AND TO LISTEN TO WHAT I SAY, AND I WILL PROVE TO YOU THAT YOU CAN STILL HAVE IT ALL, BUT PROBABLY JUST NOT ALL AT ONCE. DEAL?

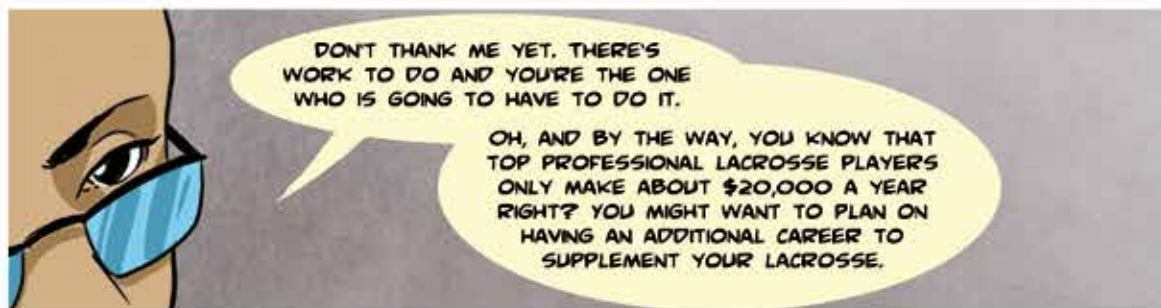


DEAL. BEING BURNED OUT SUCKS.



REMEMBER YOU HAVE TO DO WHAT I SAY.

OKAY. THANK YOU ALIA.



DON'T THANK ME YET. THERE'S WORK TO DO AND YOU'RE THE ONE WHO IS GOING TO HAVE TO DO IT.

OH, AND BY THE WAY, YOU KNOW THAT TOP PROFESSIONAL LACROSSE PLAYERS ONLY MAKE ABOUT \$20,000 A YEAR RIGHT? YOU MIGHT WANT TO PLAN ON HAVING AN ADDITIONAL CAREER TO SUPPLEMENT YOUR LACROSSE.



MEET ME HERE TOMORROW AT 9 AM AND WE'LL GET STARTED.



REALLY? HERE?



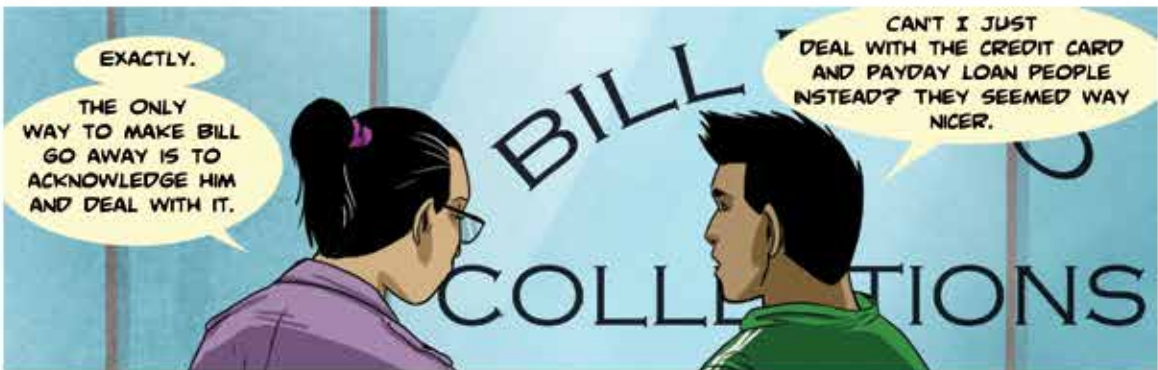
YUP.

THE NEXT DAY.



FIRST THING IS TO DEAL WITH BILL.

BUT WHY? HE'S SUCH A PAIN! AND ONE SCARY DUDE.



EXACTLY.

THE ONLY WAY TO MAKE BILL GO AWAY IS TO ACKNOWLEDGE HIM AND DEAL WITH IT.

CAN'T I JUST DEAL WITH THE CREDIT CARD AND PAYDAY LOAN PEOPLE INSTEAD? THEY SEEMED WAY NICER.



NOPE. IT'S TOO LATE FOR THAT NOW. SINCE YOU DIDN'T PAY THEM BACK ON TIME AND HAVE BEEN IGNORING THEM, THEY HIRED BILL TO COLLECT THE MONEY FOR THEM. LET'S GO. THE LONGER YOU WAIT, THE WORSE IT WILL GET.



LATER.



SO WE'LL DO A BUDGET FOR JAKE AND GET YOU A REPAYMENT PLAN RIGHT AWAY.

EXCELLENT. THANK YOU.







HOW MUCH?

UMMM...

DID YOU RENT ANY MOVIES?

I THINK SO?

HOW MUCH DID YOU SPEND ON TRANSPORTATION?



UHHHH.

HOW MUCH WAS LEFT OVER TO PAY BILL?

OBVIOUSLY NOT ENOUGH.

TO GET BILL OFF YOUR BACK, YOU NEED TO KNOW WHAT MONEY YOU HAVE AND WHERE IT'S GOING. THEN YOU CAN FOCUS ON WHAT YOU NEED TO SPEND YOUR MONEY ON AND CUT BACK ON BUYING UNNECESSARY THINGS THAT YOU WANT, BUT DON'T REALLY NEED. THIS WILL ENABLE YOU TO GET OUT OF DEBT AND MOVING IN THE RIGHT DIRECTION.

BUT, WHERE DO I START?

I'LL EMAIL YOU SOME RESOURCES TO HELP YOU OUT. WRITE UP A BUDGET AS BEST YOU CAN AND BRING IT BY THE STATION TOMORROW. WE WILL FINALIZE IT TOGETHER.

# Monthly Budget

Money coming in	\$1,550
Job	\$50
Other money	\$1,600
Total	
Money going out	\$500
Rent	\$50
Hydro	\$50
Cable	\$400
Groceries	\$50
Transportation	\$50
Cell phone	\$20
Hair	\$1,120
Total	\$400
Repay debt	\$50
Savings	\$30
Fun money	



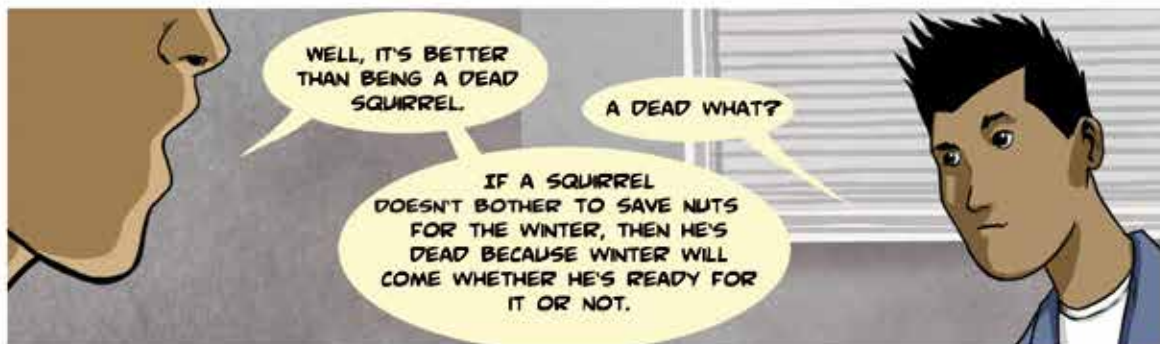
GOOD JOB JAKE, WE JUST HAVE TO ADD THE INTEREST THAT YOU WILL HAVE TO PAY ON YOUR DEBT...

ADJUST SOME OF YOUR LIVING EXPENSES AND MAKE ROOM FOR AT LEAST SOME FUN MONEY AND SAVINGS.



I LIKE FUN MONEY... WHAT THE??? HOW COME MY DEBT IS SO HIGH AND FUN MONEY SO LOW?

AND IT'S GOING TO TAKE ME AN ENTIRE YEAR TO PAY OFF MY DEBT. IT DOESN'T SEEM WORTH IT AT ALL!



WELL, IT'S BETTER THAN BEING A DEAD SQUIRREL.

A DEAD WHAT?

IF A SQUIRREL DOESN'T BOTHER TO SAVE NUTS FOR THE WINTER, THEN HE'S DEAD BECAUSE WINTER WILL COME WHETHER HE'S READY FOR IT OR NOT.



IT'S THE SAME WITH YOUR FUTURE. A YEAR WILL PASS REGARDLESS OF WHAT YOU DO. THE QUESTION IS WHETHER YOU WILL BE A FREE SQUIRREL OR A DEAD ONE.



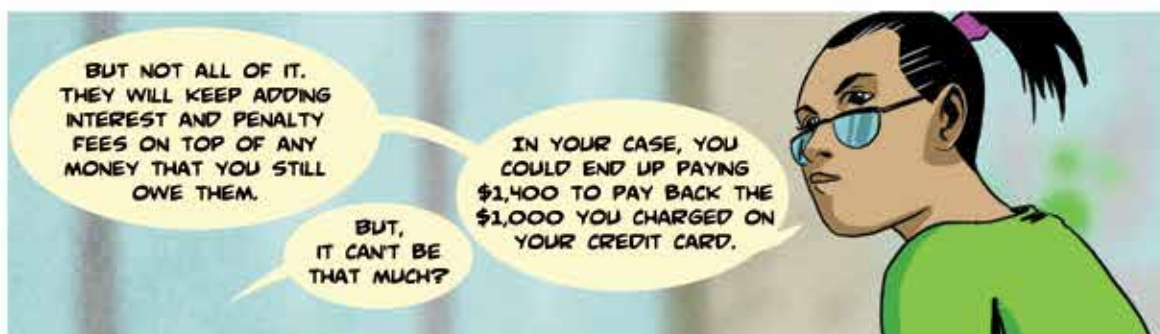
COME ON, IT'S TIME FOR OUR APPOINTMENT.



SO WHY ARE WE HERE?

THE REASON YOUR DEBT IS SO HIGH IS BECAUSE OF ALL THE INTEREST, FEES AND PENALTIES THAT PAYDAY LOANS AND CREDIT CARDS CHARGE YOU ON THE MONEY YOU OWE THEM. THE LONGER YOU TAKE TO PAY IT ALL BACK, THE MORE IT WILL COST YOU.

WHY IS THAT? I'M PAYING IT OFF.



BUT NOT ALL OF IT. THEY WILL KEEP ADDING INTEREST AND PENALTY FEES ON TOP OF ANY MONEY THAT YOU STILL OWE THEM.

BUT, IT CAN'T BE THAT MUCH?

IN YOUR CASE, YOU COULD END UP PAYING \$1,400 TO PAY BACK THE \$1,000 YOU CHARGED ON YOUR CREDIT CARD.



AND ON YOUR PAYDAY LOAN, \$160 TO PAY OFF A \$100 LOAN.

WHAT! THAT'S CRAZY! I'M BEING JACKED!



AND THAT'S WHY WE'RE HERE...





JAKE, SINCE YOU HAVE A JOB AND ALIA IS WILLING TO GUARANTEE A BANK LOAN FOR YOU, I THINK WE CAN HELP YOU CONSOLIDATE YOUR DEBT AND LOWER YOUR PAYMENTS.

GUARANTEE?

IT'S LIKE I'M VOUCHING FOR YOU, JAKE. IF YOU FAIL TO PAY THE BANK BACK THE LOAN, THEN I'M ON THE HOOK FOR IT.



WOW. THANK YOU ALIA.

NO WORRIES. I KNOW WHERE YOU WORK.

ALIA, DO YOU WANT TO DISCUSS THE LOAN FOR YOUR BUSINESS NOW AS WELL?

MIGHT AS WELL.



GREAT. GIVEN YOUR EXCELLENT TRACK RECORD OF INCREASING THE PROFIT AND DECREASING THE DEBT OF THE GAS STATION SINCE INHERITING IT FROM YOUR LATE HUSBAND, AND YOUR SOLID CREDIT HISTORY, YOU'VE BEEN APPROVED FOR A \$250,000 LOAN TO ADD A CONVENIENCE STORE TO YOUR SERVICE STATION.



I JUST NEED YOU TO SIGN THESE DOCUMENTS.









IF YOU LIKE THE STORY SO FAR AND  
WANT TO SEE THE REST, PLEASE  
SEND AN EMAIL TO

[SEAN@THEHEALTHYABORIGINAL.NET](mailto:SEAN@THEHEALTHYABORIGINAL.NET)

TO ORDER COPIES

Monthly Budget

Money coming in

Job

Other money

Total

Money going out

\$1,550

\$50

\$1,600