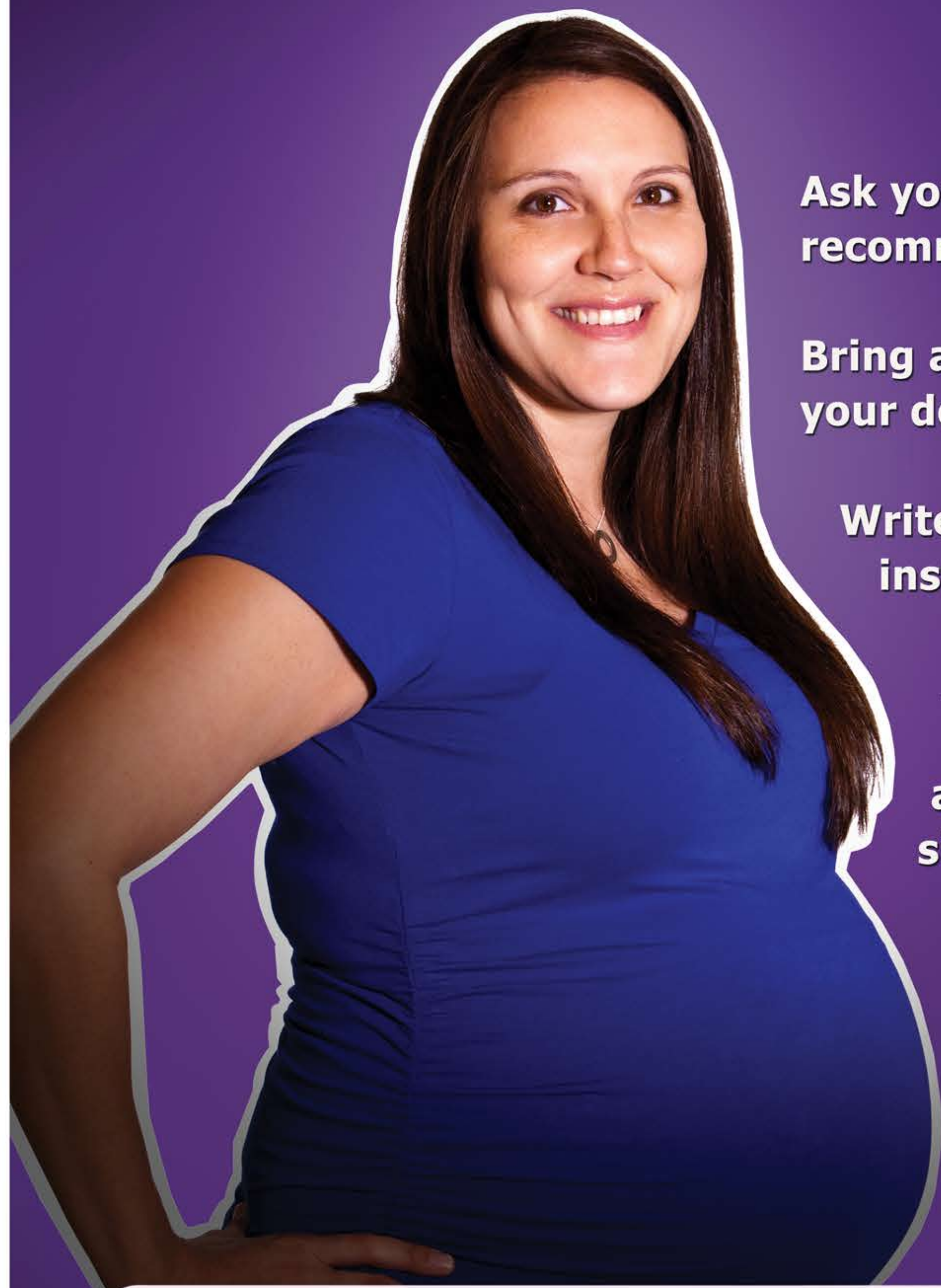


# Aboriginal Patient Advocate



**Ask your health care provider to recommend an advocate.**

**Bring a friend or family member to your doctor appointments.**

**Write down your doctor's instructions.**

**Always carry a list of your prescriptions so your doctor and pharmacist can check for side effects.**

**Patient advocates help you navigate the health care system and find the answers you need.**

**I have a neurological condition.  
I didn't know what to do about it.  
I'd like to tell you more.  
Just follow the steps below.**

**To make the poster come alive:**

**Step 1: Download the free Layar App for iPhone or Android.  
[www.layar.com/download](http://www.layar.com/download)**

**Step 2: Open App. Point phone at poster. Tap Scan. Enjoy!**



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